

Recommended Care for Full and Partial Removable Dentures

- Clean and brush all removable appliances (full and partial dentures) after every meal.
- Sleeping with appliances is not recommended due to possible irritation of tissues in the mouth.
- At night, the appliances should be placed in a mug of water. Once a week, a denture tablet should be included in the water to help with the cleaning for the appliances.
- It is recommended to maintain visits to the dentist every 6 months in order to evaluate the appliance, any remaining teeth, bone and soft tissue supporting the appliance, and clean the appliance in the office.
- Bone and soft change with time. Minor adjustments may be necessary to help relieve any sore areas or infected tissue as a result of long term use of appliances.