

Patient Instructions Following Anesthesia

Return home and rest for the balance of the day

It is recommended for the next 24 hours or until you have fully recovered from the affects of the sedation to avoid the following:

1. Operating any mechanical or electrical device that might produce an injury: automobile, knives, power tools, cooking appliances...etc
2. Walking up and down stairs excessively and without assistance.
3. Make any important decisions or sign any legal documents
4. Consume any alcoholic beverages
5. Smoke

When sitting up or standing up, do so very slowly. If you experience any dizziness or lightheadedness, then lie or sit down immediately.

Medications should be taken as directed by your dentist/surgeon and anesthetist.

If any bruising or tenderness is seen on the area where the IV was placed, begin moist heat compresses over the area of the intravenous (IV) puncture. This should be done every 6-8 hours for 20 minutes for the first 12 hours. If no improvement, call the dentist/anesthetist immediately.

Liquids may be consumed as soon as desired. Start with small and frequent quantities of clear fluids. Follow any diet recommended by your dentist/surgeon.

If you have any questions or experiencing any problems concerning your anesthesia please call the anesthesia provider at (805) 845-3240 or (805) 705-3435