

IV Conscious Sedation Pre-anesthesia **Instructions for the Patient**

- No food or color liquid (soda, juice, milk, etc) intake 8 hrs prior to scheduled appointment with dentist/surgeon
- No water 2 hours prior to scheduled appointment (you may have a little water to take any medications inside this time frame if necessary)
- Wear comfortable clothes with a short sleeve shirt
- You will need to have a friend or family member who can either be in the office during the procedure or arrive within 15 minutes from being contacted by phone to take to you home and watch you for at least 1 hour after the procedure.
- Have soft food and fluids ready at home to have for the patient following the procedure
- We recommend that you, a friend, or family member pick up prescribed medication **prior** to the procedure.
- If you are taking any medication make sure to consult the anesthesia provider prior to changing your normal schedule.
- Plan on remaining fairly inactive for the remainder of the day

Any problems or concerns regarding the anesthesia part of your appointment please feel free to call the anesthesia provider at (805) 845-3240 or (805) 705-3435