

Oral Conscious Sedation Pre-anesthesia **Instructions for the Patient**

- Wear comfortable clothes with a short sleeve shirt

- Take prescribed medication for procedure 30 minutes prior to arriving at the office.

- You will need a friend or family member who can drive you to the office, remain in the office during the procedure or arrive within 15 minutes of being contacted, drive you home and watch you for at least 1 hour.

- We recommend that a friend or family member pick up any prescribed medication **prior** the end of the procedure.

- If you are taking any medication make sure to consult the anesthesia provider prior to changing your normal schedule.

- IMPORTANT:** You may not drive to and from the office after taking the prescribed medication. We recommend planning on remaining fairly inactive after procedure for the following 12 hours.

If there are any questions, problems, or concerns, please feel free to call us at (805) 845-3240